Group rules

1) Please be on time!

2) What is discussed in this room, stays in this room!

3) Please treat each other respectfully!

4) Please listen to others & let them finish speaking!

5) Please show respect for different opinions!

6) Everyone decides for themselves what and how much to tell in front of the group!

7) Please speak in first person (“I”) instead of using generalizations!

8) In case you have to leave the training early due to other obligations, please let us know at the beginning of the session!

9) The trainers will be happy to answer any remaining questions at the end of the session!