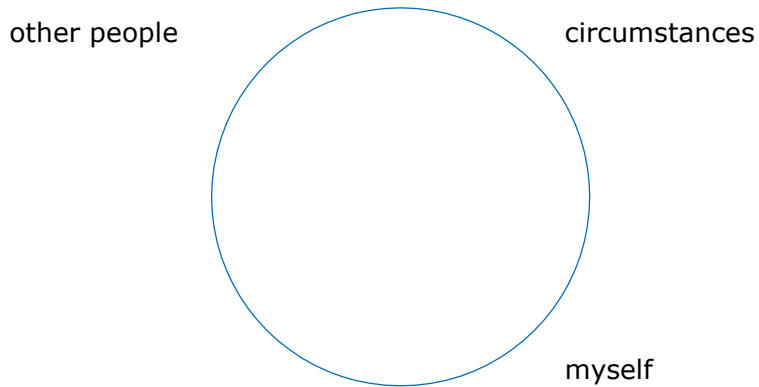




Therapy Unit 4: Attributional Style

Worksheet 4.6 Voices: Circumstances, others, and myself!

You hear a voice without an external source perceivable by others. What are possible explanations for this? Please rate the contribution of each potential cause for the event. How would you estimate the portion of the different causes? Divide the "pie" into corresponding pieces.



Please write down possible causes/explanations:

Myself:	
Other people:	
Circumstances:	