



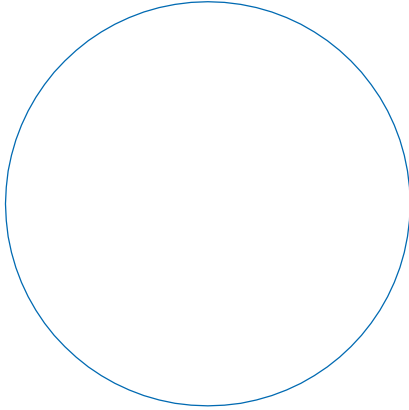
Therapy Unit 4: Attributional style

Worksheet 4.2 Case example Tina: persecution/strange smells:

Please rate the contribution of each potential cause for the event. How would you estimate the portion of the different causes? Divide the "pie" into corresponding pieces.

situation / circumstances

other people



Tina herself

Write down an interpretation that takes several causes into account.
