



Therapy Unit 7: Empathizing

Worksheet 7.4. Social Norms

In which situations did I have difficulty in contact with other people? What happened? (e.g.: "Last week I complained excessively loud about the length of the queue at the post office...")	What could I do differently next time, and what would be a more appropriate behavior? (e.g.: Politely asking the staff member to open another counter.)